



## What is ICON?

ICON is a preventative programme consisting of a series of brief 'touchpoint' interventions to help support families and carers to cope with a crying baby and not to shake. Crying is one of the leading triggers for abusive head trauma in infants.

## **HOW CAN PROFESSIONALS HELP PARENTS AND CARERS?**

- BY OFFERING ICON AS AN ALTERNATIVE TO A SITUATION WHERE FRUSTRATION (OFTEN LINKED TO TIREDNESS) CAN LEAD TO ABUSE
- BY TALKING THROUGH THE KEY POINTS OF ICON
- SIGNPOST PARENTS AND CARERS TO ICON RESOURCES, HELP & ADVICE





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ICON is the simple message that supports parents & caregivers cope with infant crying



Have the conversation!

It's everyone's responsibility.

Together we can prevent abuse



Revisit &
Reinforce ICON.
Every contact is
an opportunity



