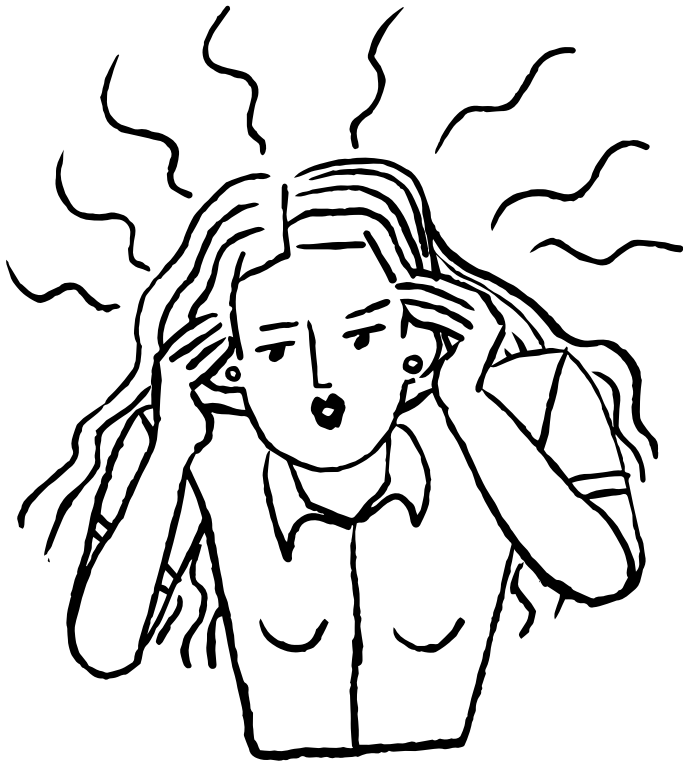




ABUSIVE HEAD TRAUMA (AHT)



Abusive Head Trauma (AHT) - previously known as 'Shaken Baby Syndrome' causes catastrophic brain injuries, which can lead to death, or significant long term health and learning disabilities.

Research points to persistent crying in babies being a potential trigger for some parents/care givers to lose control and shake a baby. Incidents of death or serious injury in babies can be as a result of abusive head trauma.



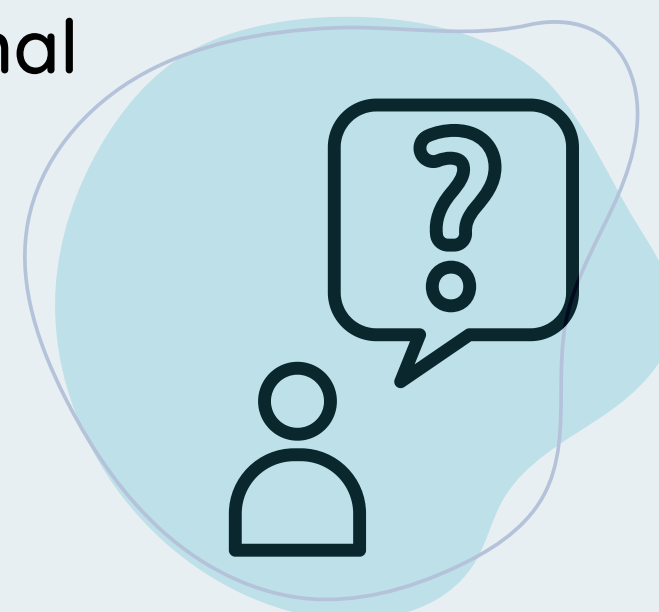
It is one of the most serious forms of physical child abuse that has a high associated mortality and morbidity.

Any prevention programme should include **male** caregivers and use the best opportunities to reach them, as well as support all caregivers with information on how to cope with a crying baby.

HOW CAN YOU HELP?

Remind parents and carers that it is always OK to ask for help. It is everyone's responsibility to have the conversation! If they are worried about a crying baby they should speak to:

- A social care professional
- Friends and family
- Health Visitor
- GP
- Midwife



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